

AHWIN FORUM

## **ACHIEVING HEALTHY AGING IN ASIA: ENVISIONING BETTER CARE** FOR OLDER ADULTS

アジアにおける高齢者ケアを描く: あるべき健康長寿社会とは



October 17, 2019

Grand Ballroom Mandarin Oriental Tokyo Tokyo, Japan











#### AHWIN FORUM

## ACHIEVING HEALTHY AGING IN ASIA

#### Envisioning Better Care for Older Adults

DATE AND TIME: October 17, 2019, 13:30—18:00 (followed by reception)

LOCATION: Mandarin Oriental Tokyo, Japan

FORUM: Grand Ballroom (3rd floor)

RECEPTION: Sanctuary (3rd floor)

CO-ORGANIZERS: Ministry of Health, Labour and Welfare of Japan

Office of Healthcare Policy, Cabinet Secretariat of Japan

Ministry of Economy, Trade and Industry of Japan Economic Research Institute for ASEAN and

East Asia (ERIA)

Japan Center for International Exchange (JCIE)

#### G20 保健大臣会合サイドイベント

#### AHWINフォーラム

## アジアにおける高齢者ケアを描く:あるべき健康長寿社会とは

日 時: 2019年10月17日 13:30-18:00 (終了後、レセプション)

場所:マンダリン・オリエンタル東京

フォーラム: グランド・ボール・ルーム(3階)

レセプション: サンクチュアリ(3階)

共催機関: 厚生労働省

内閣官房健康·医療戦略室

経済産業省

東アジア・アセアン経済研究センター (ERIA)

公益財団法人 日本国際交流センター (JCIE)

### PROGRAM

Capitalizing on this year's gathering of health ministers and government officials in Japan for the G20 Health Ministers' Meeting, this multistakeholder forum seeks to encourage and inform effective aging-related policies in countries throughout Asia and to foster regional cooperation in promoting health and wellbeing among older persons. Bringing together policymakers, researchers, representatives of the private sector and civil society leaders from around Asia for an extensive dialogue on health and elder care, this side event will serve as an important milestone for the Asia Health and Wellbeing Initiative (AHWIN), marking three years since the initiative was launched by the government of Japan to promote bilateral and regional cooperation, and building mutually beneficial relationships.

EMCEE: Satoko Itoh, Managing Director, JCIE

## 13:30–14:10 **Opening Session**

#### **OPENING REMARKS:**

Akio Okawara, President and CEO, Japan Center for International Exchange (JCIE)

Yasuhiro Suzuki, Chief Medical and Global Health Officer, Ministry of Health, Labour and Welfare (MHLW), Japan

#### **KEYNOTE SPEECH:**

**Takeshi Kasai**, Regional Director for the Western Pacific, World Health Organization (WHO)

Nguyen Van Tien, Former Deputy Chairman of the Committee on Social Affairs of the National Assembly of Vietnam; Former Vice Chairman of the Asian Parliamentarians Forum on Population and Development (AFPPD)

**Keizo Takemi**, Member of the House of Councilors, Japan; WHO Goodwill Ambassador for Universal Health Coverage

#### INTRODUCTION TO THE ASIA HEALTH AND WELLBEING INITIATIVE (AHWIN):

**Hirokazu Morita**, Deputy Director-General, Office of Healthcare Policy, Cabinet Secretariat, Japan

## 14:10–14:30 Special Lecture

## CHALLENGES FACED IN DEMENTIA AND COMMUNITY-BASED APPROACHES IN PREVENTION

**Takao Suzuki**, Director of the Institute of Gerontology and Professor, J.F.

Oberlin University; Distinguished Secretary, National Center for Geriatrics & Gerontology, Japan

[DISCUSSANT]

**Peh Kim Choo**, Chief Executive Officer, Tsao Foundation, Singapore

Coffee Break

# 14:50–16:20 **Session 1**: Changing Health Status of Older Adults: Getting Better? Getting Worse?

Japan has been the regional frontrunner in population aging, and while many older people are living with chronic illness in Japan, the country has seen clear improvements in recent years in the average health status among seniors, and that trend is expected to continue. Given that countries around Asia are now aging at a pace similar to or even faster than Japan, this session will examine the current health status and functions of daily living of older populations in Asian countries by drawing on the findings of the Longitudinal Survey of Aging and Health in ASEAN Countries, an ERIA study conducted under the auspices of AHWIN. This session will also address what trends are foreseen in the future, and how these research findings can be translated into effective policies to address population aging.

[INTRODUCTORY REMARKS]

Yasuhiko Saito, Professor, College of Economics, Nihon University, Japan (SESSION MODERATOR)

[PANEL]

**Tengku Aizan Hamid**, Director, Malaysian Research Institute on Ageing **Tribudi Wahyuni Rahardjo**, University President, Universitas Respati Indonesia

**Khaing Khaing Soe**, Director, Department of Population, Ministry of Labour, Immigration and Population, Myanmar

**Kazuhiro Oshima**, Director General, Health and Welfare Bureau for the Elderly, MHLW, Japan

[OPEN DISCUSSION]

# 16:20–17:55 **Session 2**: Who Will Be the Caregivers? Meeting the Growing Elder Care Needs in Asia

The aging of populations leads to rising demand for elder care, and thus securing an adequate supply of caregivers has emerged as a critical policy issue for many Asian countries. While family-based caregiving has been the norm in many Asian countries, urbanization, increasing numbers of nuclear families, greater participation by women in the formal sector, and other factors have gradually decreased the feasibility of relying on that arrangement. In Japan, where population aging has already advanced, securing enough caregivers has become challenging, and as one attempt to resolve this, the government has opened the door broadly to welcome in long-term-care personnel from other countries around the region. In this session, findings will be shared from an international ERIA study on the Demand and Supply of Long-Term Care for Older Persons in Asia, conducted under the auspices of AHWIN. Discussions will also focus on identifying the various players in caregiving and the types of policies required to address the emerging need for caregivers.

[INTRODUCTORY REMARKS]

**Reiko Hayashi**, Director, Department of International Research and Cooperation, National Institute of Population and Social Security Research, Japan (SESSION MODERATOR)

[SESSION KEYNOTE]

Shoko Sasaki, Commissioner, Immigration Services Agency, Japan

[PANEL]

**Grace Trinidad Cruz,** Professor of Demography, University of the Philippines Population Institute

Pham Duc Muc, President, Vietnam Nurses Association

**Mohd Rohaizat Hassan**, Associate Professor, Faculty of Medicine, University Kebangsaan Malaysia

**Duangjai Lortanavanich**, Director, Ageing Business & Care Development Centre, Thammasat Business School, Thailand

[OPEN DISCUSSION]

## 17:55–18:00 Closing Remarks

**Hidetoshi Nishimura**, President, Economic Research Institute for ASEAN and East Asia (ERIA)

## 18:15— Cocktail Reception

## プログラム

急速に進む高齢化に対応する施策として、日本政府は2016年より掲げるアジア健康構想(AHWIN)のもと、高齢化対策に関する域内協力のためのプラットフォーム構築や、政府間協力の強化を推進してきました。今後さらに高齢化が加速するアジア諸国においては、これまで以上に相互互恵的な協力が必要不可欠です。本フォーラムは、日本でG20保健大臣会合が開催される機会を捉えて、国内外の政策立案者、研究者、民間企業や市民社会代表にご参加頂き、各国における高齢化に関する政策や高齢者の健康増進に向けた取り組みについて知見共有し、今後の高齢者ケアのあり方、地域内協力の方策について考察します。

総合司会: 伊藤 聡子 日本国際交流センター 執行理事

#### 13:30-14:10 開会セッション

#### 開会挨拶:

大河原 昭夫 (公財)日本国際交流センター(JCIE) 理事長

鈴木 康裕 厚生労働省 医務技監

基調講演:

葛西 健 世界保健機関(WHO) 西太平洋地域事務局長

グエン・ヴァン・ティエン 元ベトナム議会社会問題委員会副議長、人口と開発に

関するアジア議員フォーラム(AFPPD)元副議長

武見 敬三 参議院議員、世界保健機関(WHO)ユニバーサル・ヘル

ス・カバレッジ親善大使

アジア健康構想について:

森田 弘一 内閣官房健康・医療戦略室 次長、内閣審議官

#### 14:10-14:30 特別講演: 認知症を取り巻く課題と地域での予防対策

鈴木 隆雄 桜美林大学 老年学総合研究所長、同大学院教授、

国立長寿医療研究センター 理事長特任補佐

[ディスカッサント]

ペ・キム・チュー ツァオ財団 理事長(シンガポール)

コーヒーブレイク

#### 14:50-16:20 **セッション1:**高齢者の「健康」の変化と将来:良くなる? 悪くなる?

アジア地域において急速に人口高齢化が進展している。高齢化先進国の日本では、多くの高齢者が慢性疾患を有しながら生活をしているが、その健康状態は過去に比較して明らかに向上しており、今後もその傾向は続くとされている。日本同等あるいはさらに速い速度で人口高齢化が進展すると予測されているアジア諸国において、高齢者の健康状態や生活機能は現在どのような状況で、どのように変容することが予測されているのであろうか。本セッションでは、アジア健康構想のもとで実施されてきたERIA国際共同研究(アセアン諸国における高齢者の健康に関する縦断調査)の研究成果を共有しつつ、アジア諸国における高齢者の健康状態を概観する。その上で、今後急速に進展するアジアの高齢化の中で、高齢者の健康状態や生活機能の変容をどのように明らかにし、科学的根拠を如何に高齢者の健康増進策につなげることが出来るのか議論をする。

[問題提起]

齋藤 安彦 日本大学経済学部 教授(モデレーター)

[パネル]

テンク・アイザン・ハミッド マレーシア高齢化研究所 所長

トリブディ・ラハルジョ レスパティ・インドネシア大学 学長

ケン・ケン・ソー ミャンマー連邦共和国労働・入国管理・人口省 人口部

局長

大島 一博 厚生労働省 老健局長

[オープンディスカッション]

#### 16:20-17:55 **セッション2:**介護の担い手は誰か:高まるアジアの介護人材ニーズ

アジアでは高齢者人口の増加に伴い介護への需要が高まっており、介護の担い手の確保が政策課題として浮上しつつある。高齢化先進国である日本はすでに介護の担い手確保に逼迫しており、その解決策の一つとしてアジアの国々から介護人材受け入れることに大きく門戸を開いた。また、今後急速に高齢化が進展するアジア諸国は、これまで家族介護を主流にしてきたが、都市部への人口移動、核家族化、女性の社会進出等により、徐々にその仕組みを保持できなくなってきている。本セッションでは、アジア健康構想のもとで実施されているERIA国際共同研究(ASEAN・東アジア諸国における高齢者ケアの需要と供給に関する研究)等の研究成果を共有しつつ、アジアにおいて介護は誰が担っているのか、介護人材ニーズに応えるためどのような方策が考えられるかを議論する。

[問題提起]

林 玲子 国立社会保障・人口問題研究所 国際関係部長

(モデレーター)

[講演]

佐々木 聖子 出入国在留管理庁 長官

[パネル]

グレース・トリニダード・クルーズ フィリピン大学人口研究所 人口統計学教授

ファム・ドゥック・ムック ベトナム看護協会 会長

モハッド・ロハイザ・ハッサン マレーシア国民大学(UKM)医学部 准教授

ドゥアンチャイ・ロータナヴァニ タマサート大学ビジネススクール 高齢化ビジネス・ケア

センター 所長(タイ)

[オープンディスカッション]

17:55-18:00 閉会挨拶

西村 英俊 東アジア・アセアン経済研究センター 事務総長

18:15- **カクテルレセプション** 



#### Akio Okawara

#### President and CEO, Japan Center for International Exchange (JCIE)

Akio Okawara is president and CEO of the Japan Center for International Exchange (JCIE), one of the leading independent, non-profit organizations in the field of international affairs in Japan. He assumed the position in April 2014 after a long career in international business. He is concurrently appointed panel member of the US-Japan Conference on Cultural and Educational Interchange (CULCON) and a member of the Foundation Council of the Japanese-German Center Berlin. At JCIE, he also serves as Japanese director of the UK-Japan 21st Century Group, chair of the Roundtable on Japan's Migration, and director of the Global Health and Human Security Program Executive Committee and of the Friends of the Global Fund, Japan (FGFJ), among others. Prior to joining JCIE, he was executive director of the Sumitomo Shoji Research Institute from 2006 to 2013, where he oversaw research and analysis on domestic and international political and economic trends and on the promotion of the use of new technology in cooperation with universities and other research institutions. He started his career at Sumitomo Corporation in 1973 and served in the automotive, overseas transport, and research departments during the span of his 40-year career with the company, including several assignments in the United States. Mr. Okawara graduated from Keio University with a BA in law and also studied at Williams College in Massachusetts.

#### 大河原 昭夫

#### (公財)日本国際交流センター 理事長

日本における民間外交のパイオニアである日本国際交流センター(JCIE)の理事長を2014 年4月より務める。40年にわたる国際ビジネスや日米関係をはじめとする政治経済の調査・分析の知見を活かし、JCIEの諸活動を主導する。日米文化教育交流会議(カルコン)委員、ベルリン日独センター評議員を務めるほか、JCIEの事業として日英21世紀委員会日本側ディレクター、外国人材の受入れに関する円卓会議座長、グローバル・ヘルスと人間の安全保障プログラム運営委員会幹事、グローバルファンド日本委員会ディレクター等を務める。現職に就任する前は、住友商事株式会社に勤務、1991 年ワシントン事務所次席、2001年情報調査部長、2006 年より2013 年まで住友商事総合研究所取締役所長を務めた。1973年慶應義塾大学法学部卒。



#### Yasuhiro Suzuki

Chief Medical & Global Health Officer and Vice-Minister for Health, Ministry of Health, Labour and Welfare, Japan

Yasuhiro Suzuki was born in 1959 and graduated from the School of Medicine of Keio University with an MD in 1984, trained as neurologist. He received his PhD for public health from Keio University in 1996 and two master's degrees from the Harvard School of Public Health (MPH in 1999 & MS in 2000). Dr. Suzuki's professional career at the Ministry of Health, Labour and Welfare (MHLW) spans 30 years covering infectious diseases, mental health, environmental health, food safety, international health, ageing & health, and health research policy. He was seconded to the World Health Organization (1998-2002) as executive director for social change and mental health, and later for health technology and pharmaceuticals (covering vaccines, immunization, and biologicals). Before assuming his current position in July 2017 as chief medical & global health officer as well as vice-minister for health, he had served as head of the R & D Division of the Health Policy Bureau (2005), deputy director to promote measures in tackling new types of influenza (2009), director of the Medical Economics Division of the Health Insurance Bureau (2010), director general for health and medicine of the Ministry of Defense (2012), then back to MHLW as deputy minister for technical affairs at the Minister's Secretariat (2014), assistant minister for global health and health industry strategy (2015), and director general of the Health Insurance Bureau (2016).

#### 鈴木 康裕

#### 厚生労働省 医務技監

1984年に慶応義塾大学医学部を卒業。同年、厚生省(現・厚生労働省)に入省。1998年に世界保健機関(WHO)に派遣。厚生労働省医政局研究開発振興課長(2005年)、新型インフルエンザ対策推進本部事務局次長(2009年)、保険局医療課長(2010年)を経て、2012年防衛省衛生監に就任。2014年厚生労働省大臣官房技術総括審議官、2015年(併)グローバルヘルス戦略官、2016年6月厚生労働省保険局長を歴任。2017年7月より現職。



#### Takeshi Kasai

#### Regional Director for the Western Pacific, World Health Organization (WHO)

Dr. Takeshi Kasai began his term as WHO Regional Director for the Western Pacific on I February 2019, following his nomination by the WHO Regional Committee for the Western Pacific and his appointment by the WHO Executive Board. The public health career of Dr. Kasai began nearly 30 years ago when he was assigned to a remote post on the northeast coast of Japan, providing health-care services for the elderly. His early experiences there impressed upon him value of building strong health systems from the ground up. In the mid-1990s, Dr Kasai attended the London School of Hygiene & Tropical Medicine, where he studied in the Department of Global Health and Development and received a master's degree in public health. Dr. Kasai has worked for WHO for more than 15 years, and at the time of his nomination was Director of Programme Management, the No. 2 position at the WHO Regional Office for the Western Pacific in Manila, Philippines. As a Technical Officer and later as the Director of the Division of Health Security at the Regional Office, he was instrumental in developing and implementing the Asia Pacific Strategy for Emerging Diseases and Public Health Emergencies, which guides member states in preparing for and responding to public health emergencies. Dr. Kasai also served as the WHO Representative in Vietnam from 2012 to 2014, and in 2014 received the For the People's Health Medal from the Government, the top honor bestowed upon those who have made significant contributions to public health.

#### 葛西 健

#### 世界保健機関(WHO) 西太平洋地域事務局長

1990年慶應義塾大学医学部卒業。旧厚生省(現・厚生労働省)に入省後、岩手県高度救命救急センターにて勤務。その後、厚生省保健医療局結核感染症課国際感染症専門官、厚生労働省大臣官房国際課課長補佐、宮崎県福祉保健部次長等を歴任。ロンドン大学衛生熱帯医学大学院で修士号を取得。感染症や健康危機管理の専門家としてのWHOでの勤務は15年以上にわたり、アジア太平洋地域の新興感染症への対応や感染症危機管理対策の枠組み構築などに尽力。2006年WHO西太平洋地域事務局感染症対策課長として着任後、同地域事務局健康危機管理部長を経て、2012年WHOベトナム代表に就任。同国における公衆衛生に対する多大な貢献が認められ、2014年ベトナム政府から「国民のための健康勲章」を受賞。その後、WHO西太平洋地域事務局失長兼事業統括部長を経て、2018年10月におこなわれたWHO西太平洋地域事務局長選挙において当選。WHO執行理事会での任命を受け、2019年2月より現職。



## Nguyen Van Tien

Former Vice Chairman of the Parliamentary Committee on Social Affairs, National Assembly, Vietnam

Nguyen Van Tien served for a decade as a member of the National Assembly and deputy chairman of the Committee on Social Affairs of the National Assembly of Vietnam, and as the vice chairman of the Asian Parliamentarians Forum on Population and Development (AFPPD). He graduated from Hanoi Medical College in 1979, with a master's degree from Mahidol University (Thailand) in public health, and a PhD from Hanoi Military Medical College. He has worked closely with the public health policy transition process in Vietnam,

particularly with population aging, and has been a key person on almost all public health laws in Vietnam over the last 30 years, advocating for public health policy in Parliament and in society. He has attended health and population policy advocacy training courses at the East-West Center (Hawaii, US) and many aging research courses in Japan, Korea, and China. He served as the editor of the magazine of Vietnam's Conference on Population and Development from 2000 to 2015 and is currently a consultant to the World Bank on its Grassroots Health Capacity Building Project, to USAID on health insurance law, and to UNFPA for developing a strategy to cope with the aging process in Vietnam.

#### グエン・ヴァン・ティエン

## 元ベトナム議会社会問題委員会副議長、人口と開発に関するアジア議員フォーラム (AFPPD)元副議長

1979年ハノイ医科大学を卒業後、タイのマヒドン大学で公衆衛生学の修士号、ベトナム軍医大学で博士号を取得。10年間にわたり国会議員を務め、ベトナム議会の社会問題委員会の副議長や人口と開発に関するアジア議員フォーラム(AFPPD)の副議長を歴任。ベトナムの公衆衛生政策の変遷、中でも人口高齢化対策に深く携わった。過去30年以上にわたり同国の公衆衛生関連法令の制定において中核として関わり、議会および社会で保健政策について提言し続けた。2000年~2005年にはベトナムの人口と開発に関する協議会誌の編集長を務めた。国外では、米国ハワイのイースト・ウエスト・センターの健康と人口政策に関するアドボカシートレーニング課程や、日本、韓国、中国で行われた高齢化に関する研究課程にも多数参加。現在は世界銀行の草の根保健能力強化プロジェクトや国連人口基金(UNFPA)のベトナム高齢化対策戦略策定、アメリカ合衆国国際開発庁(USAID)の健康保険法に関するコンサルタントを務める。



#### Keizo Takemi

## Member of the House of Councilors, Japan; WHO Goodwill Ambassador for Universal Health Coverage

Keizo Takemi is a member of the House of Councillors from the Liberal Democratic Party and serves as chair of the Special Committee on Global Health Strategy, and Deputy Chairperson of General Council. He has been involved in various global initiatives focusing on global health, including the Commission on Information and Accountability for Women's and Children's Health, Global Health Workforce Alliance (GHWA), WHO Expert Working Group on R&D Financing, Prince Mahidol Award Conference (PMAC) international organizing committee, UN High Level Commission on Health Employment and Economic Growth, and the UHC Financing Advisory Committee for the G20 2019. He is also vice chair of the International Oversight Board for the National Academy of Medicine's Global Roadmap for Healthy Longevity (USA), and chair of the Parliamentary Caucus on Stop TB Partnership as well as of the Asian Forum of Parliamentarians on Population and Development (AFPPD). He served as senior vice minister for health, labour and welfare, led the initiative to establish the UN Trust Fund for Human Security as state secretary for foreign affairs and was subsequently nominated to the High-Level Panel on UN System-Wide Coherence in Areas of Development, Humanitarian Assistance and Environment. He was a research fellow at the Harvard School of Public Health (2007–2009). As senior fellow with the Japan Center for International Exchange (JCIE) since 2007, he chairs the Executive Committee of the Global Health and Human Security Program. He was appointed WHO Goodwill Ambassador for Universal Health Coverage (UHC) in July 2019.

#### 武見 敬三

#### 参議院議員、世界保健機関(WHO)ユニバーサル・ヘルス・カバレッジ親善大使

1951年11月5日東京都港区生まれ。74年慶應義塾大学法学部政治学科卒業、76年同大学法学研究科修士課程修了。80年東海大学政治経済学部政治学科助手、87年助教授、95年教授就任。同年参議院議員に初当選。現在5期目(東京選挙区)。84年~87年、テレビ朝日CNNデイウォッチ、モーニングショーのキャスターを務める。公務では外務政務次官、参議院外交防衛委

員長、厚生労働副大臣、政務では自民党総務会長代理、参議員自民党政策審議会長を歴任。 国連事務総長の下で国連制度改革委員会委員、同じく母子保健改善の為の委員会委員、世界 保健機関(WHO)研究開発資金専門家委員会委員、保健医療部門の雇用と経済成長に関する 国連ハイレベル委員会委員、等を務めた。2007年~2009年までハーバード大学公衆衛生大学 院研究員。2019年、WHOのUHC親善大使に就任。現在、自民党総務会副会長、国際保健戦 略特別委員会委員長、海洋総合戦略小委員会委員長、日本国際交流センターシニア・フェロー、 長崎大学及び福島医科大学にて客員教授を務める。



#### Hirokazu Morita

Deputy Director-General, Office of Healthcare Policy, Cabinet Secretariat, Japan

Hirokazu Morita first joined the then Ministry of International Trade and Industry (the current Ministry of Economy, Trade and Industry) in 1989. He served in various positions, including the Basic Industries Bureau, Environmental Pollution Bureau, Industrial Policy Bureau, JETRO Overseas Intern Program, Machinery and Information Industries Bureau, and the New Energy and Industrial Technology Development Organization (NEDO), before being seconded to the Research Institute for Economics and Business Administration of Kobe University as associate professor to conduct research on management of technology in 2003. In 2006, he was appointed head of the Chemical Safety Management Division, then director of the biotechnology and medical technology at NEDO in 2009, and director of the Healthcare Industries Division in 2013 during which time he became involved in the policy-making of various healthcare measures and strategies and in the creation of the Japan Agency for Medical Research and Development (AMED). He was appointed in charge of business-academia partnership at AMED in 2015 and served as a specially appointed professor at the Research University Promotion Organization of the Tokyo Medical and Dental University in 2017 before assuming his current position in July 2019. Mr. Morita is a graduate of Kyoto University, holding a BS and MS in industrial chemistry.

#### 森田 弘一

#### 内閣官房健康・医療戦略室 次長、内閣審議官

1989年通商産業省(現・経済産業省)入省(試験区分は化学)。基礎産業局、立地公害局、産業政策局、JETRO海外研修生、機械情報産業局、新エネルギー・産業技術総合開発機構(NEDO)等を経て、2003年に神戸大学経済経営研究所に出向(助教授)し技術経営を研究。2006年に経済産業省化学物質安全室長、2009年にNEDOバイオテクノロジー・医療技術部長を歴任し、2013年に経済産業省へルスケア産業課長に就任して健康・医療戦略の立案や日本医療研究開発機構(AMED)の設立等に関与。2015年にAMED産学連携部長、2017年に東京医科歯科大学リサーチユニバーシティ推進機構特任教授を歴任後、2019年7月に内閣官房健康・医療戦略室次長(現職)に就任。京都大学工学部卒、同大学院(工業化学)修了。

#### **SPECIAL LECTURE**



#### Takao Suzuki

Director of the Institute of Gerontology and Professor, J.F. Oberlin University; Distinguished Secretary, National Center for Geriatrics & Gerontology, Japan

Takao Suzuki is currently director of the Institute of Gerontology, J.F. Oberlin University in Machida City, Tokyo and also a distinguished secretary at the National Center for Geriatrics and Gerontology in Obu City, Aichi Prefecture. He graduated from Sapporo Medical University (MD) in 1976 and the Graduate School of the University of Tokyo (PhD) in 1982. After serving as associate professor at Sapporo Medical University, he worked as general manager (1990–2000) and vice director (2000–2009) of the Tokyo Metropolitan Institute of Gerontology (TMIG), then as director of the Research Institute of the National Center for Geriatrics and Gerontology (NCGG) from 2009–2015. Dr. Suzuki has published more than 200 peer reviewed international papers and served as editorial member to several domestic and international journals. He has chaired some national committees related to the Long-Term Care Insurance in Japan, particularly involved in the strategy for the effective prevention of long-term care state in the elderly living in the community. Over the years, he has been accumulating evidence-based effective measures for the prevention of geriatric syndrome such as falls, incontinence, foot and walking trouble, undernutrition (especially vitamin D insufficiency), sarcopenia and mild cognitive impairments (MCI) as an early stage of dementia, all of which are crucial targets to be solved in the super-aged society because of their negative influence on the health status and quality of life among the elderly people.

#### 鈴木 隆雄

桜美林大学 老年学総合研究所長、同大学院教授、国立長寿医療研究センター 理事長特任補佐

1976年、札幌医科大学医学部卒、1982年に東京大学大学院理学系研究科博士課程を修了(理学博士)。札幌医科大学助教授を経て、東京都老人総合研究所にて研究室長(疫学)、同研究所部長、副所長を歴任。1995年~2005年に東京大学大学院客員教授(生命科学専攻分野)、2003年~2010年に首都大学東京大学院客員教授を務める。2009年に国立長寿医療研究センター研究所所長に就任。2015年より現職。また、厚生労働省社会保障審議会人口部会委員、介護保険部会委員を務める。「超高齢社会のリアルー健康長寿の本質を探るー」(2019年、大修館書店)、「超高齢社会の基礎知識」(2013年、講談社)、「健康の基準」(2009年、小学館)、「老化の予防がわかる本」(2005年、技術評論社)、「老年病の疫学」(1997年、東大出版)など著書多数。



Peh Kim Choo

Chief Executive Officer, Tsao Foundation, Singapore

Peh Kim Choo has more than twenty years of experience in the aged care sector. Trained as a social worker and counselling therapist and clinical supervisor, she has worked in team-managed primary care, home-based health and psychosocial care, as well as care management for elders living in the community. Currently, she is the Chief Executive Officer of the Tsao Foundation's collective of four pioneering initiatives designed to enable and advocate good health and wellbeing over the life course and support ageing in place. She was also the project leader for the Community for Successful Ageing (ComSA) at Whampoa, coordinating the efforts for the Foundation's latest ground breaking project: a community-wide approach to forge an integrated system of comprehensive programs and services with the aim to promote health and wellbeing over the life course, and to enable aging in place in addition to leading a team in the Foundation's work with the Asian Development Bank as its Centre of Excellence.

#### ペ・キム・チュー

#### ツァオ財団 理事長

ソーシャルワーカー、カウンセリングセラピスト、および臨床スーパーバイザーとして、チームで管理するプライマリケア、在宅医療や心理社会的ケア、そして地域の高齢者ケアマネジメントに従事し、高齢者ケアの分野で20年以上の経験を有する。現在は、ツァオ財団の理事長として4つの共同イニシアティブを率いており、生涯にわたる健康と幸福、および地域居住サポートの実現に尽力している。アジア開発銀行を中核的研究拠点とする財団内で活動するチームを率いることに加えて、ワンポア(シンガポール)で実施するプログラムthe Community for Successful Ageing (ComSA)のプロジェクトリーダーとして、生涯にわたる健康と幸福の促進、および地域居住の実現を目的とした包括的なプログラムや統合システム構築のために、地域全体のアプローチに係るコーディネーションも行う。

## **SESSION 1:** CHANGING HEALTH STATUS OF OLDER ADULTS: GETTING BETTER? GETTING WORSE?

高齢者の「健康」の変化と将来:良くなる? 悪くなる?



### Yasuhiko Saito

Professor, College of Economics, Nihon University, Japan

Yasuhiko Saito is professor at the College of Economics and a research fellow at the Population Research Institute of Nihon University. He earned a BA in economics from Nihon University and his PhD in sociology from the University of Southern California (USA). He has served as a council member of the International Union for the Scientific Study of Population (IUSSP) from 2005 to 2009 and has also served as an executive committee member of the International Social Science Council (ISSC) representing IUSSP from 2010 to 2018. His specializations are in demography and gerontology, and he has been working on population aging and health issues in both developed and developing countries. In order to understand aging societies and older adults' health in particular, his research is interdisciplinary, and he has often collaborated with scholars from various social science and natural science fields as well as medical science fields. One of his areas of expertise is research on health expectancy. He has been involved as a founding member in the activities of a research network on health expectancy called REVES. In order to study health status of older adults and estimate health expectancy in Japan, he has conducted a six-wave national longitudinal survey on aging and health in Japan.

#### 齋藤 安彦

#### 日本大学経済学部 教授

1979年、日本大学経済学部卒業。1993年、南カリフォルニア大学大学院社会学研究科博士課程を修了。国際人口学会(IUSSP)の評議員(2005年~2009年)、国際社会科学協議会(ISSC)の執行委員(2010年~2018年)を歴任。人口統計学と老年学を専門とし、世界各国の人口高齢化問題や健康問題に取り組む。特に高齢化社会と高齢者の健康に関する理解を深めるために、医学分野のみならず社会科学や自然科学分野との共同による多様な学際的研究を実践。健康寿命に関する研究も専門分野であり、日本の高齢者の健康状態と健康寿命を推定するための全国的な縦断調査の実施や、REVESという健康寿命研究ネットワークの活動に設立メンバーとして関わっている。



## Tengku Aizan Hamid

#### Director, Malaysian Research Institute on Ageing

Tengku Aizan Hamid is founding director of the Malaysian Research Institute on Ageing (MyAgeing), formerly the Institute of Gerontology (IG), since 2002. A prolific researcher with extensive publications in refereed journals and books, she has been instrumental in the development of gerontological research, policy, and education in Malaysia. In 2017 she completed a study on the "Facilities and Services to Meet the Needs of Older Malaysians by 2030" commissioned by the Department of Social Welfare. Consequentially, this led to the establishment of a national industrial group, the Association for Residential Aged Care Operators of Malaysia (AgeCOpe) in 2018. A fellow of the Academy of Sciences Malaysia (ASM), Professor Dato' Dr. Hamid sits on both the National Advisory and Consultative Council for Older Persons (MWFCD) and the Technical Committee on the Health Policy for Older Persons (MOH). She is also an international tutor of the United Nations International Institute on Ageing (INIA), Malta, and a member of the global National Transfers Account (NTA) group, the Active Ageing Consortium in Asia Pacific (ACAP), and the ASEAN Research Networking on Ageing (ARNA) project. She is currently serving as president of the Gerontological Association of Malaysia (GeM).

#### テンク・アイザン・ハミッド

#### マレーシア高齢化研究所 所長

長年にわたりマレーシアにおける老年学研究、政策、教育の発展に尽力し、多数の研究誌や書籍を出版。同国社会福祉省より委託を受けた「マレーシアの高齢者のニーズに応える施設とサービスに関する2030年計画」の研究が2017年に完成し、その成果として2018年にマレーシア在宅介護事業者協会が設立された。マレーシア科学アカデミー(ASM)のフェローのほか、高齢者のための国家諮問委員会、および高齢者のための保健政策に関する技術委員会の委員を務める。加えて、マルタの国連国際高齢化研究所(INIA)の指導員のほか、国民移転勘定(NTA)研究班、アジア太平洋地域アクティブエイジングコンソーシアム(ACAP)、高齢者に関するアセアン研究者ネットワークプロジェクト(ARNA)の一員としても活動。現在、マレーシア老年学会の会長を務める。



## Tri Budi W. Rahardjo

#### University President, Universitas Respati Indonesia

Tri Budi W. Rahardjo obtained her BDS and MS in dentistry and PhD in health science from the University of Airlangga Surabaya, also attending the University of Wales Cardiff UK. She was professor of dentistry and gerontology at Universitas Indonesia (1975–2011), then director of the Centre for Ageing Studies Universitas Indonesia (CAS UI) (2010–2017). She established CeFAS (Centre for Family and Ageing Studies) Universitas Respati Indonesia in 2018. She was honorary visiting research fellow at the Oxford Institute of Population Ageing, University of Oxford (2011–2014), and has served as a consultant on aging programs for the Indonesian Government, private sector, and NGOs since 2011; a board member of the Active Ageing Consortium Asia Pacific (ACAP) since 2009; a member of the Healthy Ageing Task Force of the Ministry of Health; a temporary advisor to WHO SEARO (2013); a technical advisor on Global Healthy Ageing Strategy to the WHO (2015); and a steering board member of APRU Population Ageing Research Hub since 2014. She works with the Asian Aging Business Center (AABC) Fukuoka Japan on long-term care since 2014. Her current research covers aging and dementia, age-friendly communities and cities, long-term care, quality of life of older persons, and caregiver issues. Author of numerous articles, she helped establish the Indonesia Gerodontology Association in 2006. In 2017, she was appointed supervisor to the Age Friendly Community at the Institute of Gerontology, University of Tokyo as rector of Universitas Respati Indonesia. She also conducts research with Nagasaki University supported by ERIA on oral care, and with Loughborough University UK on temper and dementia since 2016, supported by the Newton Fund Institutional Link.

#### トリブディ・ラハルジョ

#### レスパティ・インドネシア大学 学長

インドネシア国立アイルランガ大学において学士号(歯科学)、修士号(歯科学)、博士号(保健 学)を取得。英国ウェールズのカーディフ大学にも在籍。インドネシア大学歯学部教授(1975 年~2011年)、同大学高齢化研究センターのセンター長(2010年~2017年)を経て、2018 年にレスパティ・インドネシア大学にファミリー・エイジングセンターを設立。オックスフォード大 学のオックスフォード高齢化研究所名誉客員研究員(2011年~2014年)、インドネシア政府・ 民間セクター・NGOの高齢化プログラムに関するコンサルタント(2011年~)、アジア太平洋ア クティブ・エイジング会議委員(2009年~)、保健省のヘルシー・エイジングタスクフォースメン バー、WHO東南アジア地域事務局臨時顧問(2013年)、WHO 高齢化と健康のグローバル戦 略テクニカルアドバイザー(2015年)、環太平洋大学協会の高齢研究ハブの運営委員会メンバー (2014年~)を歴任。2014年からは福岡の特定非営利活動法人アジアン・エイジング・ビジネ スセンターとも介護について取り組む。高齢化と認知症、高齢者に優しいコミュニティと都市、介 護、高齢者のQOL、介護者問題などの研究に取り組み、これまで研究論文を多数発表。2006年 にインドネシア老年歯科医学会の設立を支援。2017年には東京大学高齢社会総合研究機構 の高齢者に優しいコミュニティに関する提案書作成のスーパーバイザーに就任。更にERIAと長 崎大学が共同で実施している口腔ケア関連の共同研究や、Newton Fund Institutional Link が支援する気分と認知症に関する英国ラフバラー大学との共同研究(2016年~)にも従事。



## **Khaing Khaing Soe**

Director, Department of Population (DOP), Ministry of Labour, Immigration and Population, Myanmar

Khaing Khaing Soe is currently the director of the Department of Population (DOP) under the Ministry of Labour, Immigration and Population of Myanmar. She obtained her BSc in mathematics in 1995, MA in population and reproductive health research, and a PhD in demography from Mahidol University, Thailand in 2009. She also received a diploma on population studies from the International Institute for Population Sciences (IIPS) in Mumbai (1997), a diploma in computer science from the University of Computer Science and Technology in Yangon (1998), and a diploma in development studies from the University of Economics (2003). She served in technical and managerial roles in a government ministry and has over 29 years of domestic and international experience in the fields of population dynamics, fertility, migration, disability, elderly, gender, labor force, reproductive health, and development. Dr. Soe has participated in numerous surveys and censuses with various responsibilities, including data processing and analyses as well as report writing for the 2014 Population and Housing Census; Fertility and Reproductive Health Survey in 2007, 2001, and 1997; and the 1991 Population Changes and Fertility Survey. She is currently working on the 2019 Inter-census Survey. Having conducted several population studies for the country based on census and survey data, she has contributed in the preparation of thematic analyses on fertility, population dynamics, disability, labor force, and on the subjects of the elderly and gender.

#### ケン・ケン・ソー

#### ミャンマー連邦共和国労働・入国管理・人口省 人口部局長

1995年に数学学士、2009年にタイのマヒドン大学で修士号(人口とリプロダクティブへルス研究)と博士号(人口統計学)を取得。1997年にムンバイの国際人口科学研究所(IIPS)で人口学研究、1998年にヤンゴンコンピュータ科学技術大学にてコンピューター科学、その後、2003年にヤンゴン経済大学にて開発学のディプロマを得る。ミャンマー政府省庁では、人口動態、出生、移住、障害者、高齢者、ジェンダー、労働、リプロダクティブへルス、開発の分野において29年以上におよぶ国内外での経験を有しており、管理職でありながら技術的な職務も担う。人口と住宅に関する国勢調査(2014年)、出生とリプロダクティブへルスに関する調査(1997年、2001

年、2007年)、人口変動と出生に関する調査(1991年)など多数の調査にデータ処理・分析、報告書作成に携わり、現在は2019年中間年人口調査に取り組んでいる。



#### Kazuhiro Oshima

Director General, Health and Welfare Bureau for the Elderly, Ministry of Health, Labour and Welfare, Japan

Kazuhiro Oshima first joined the then Ministry of Health and Welfare in April 1987, which later combined with the Ministry of Labour to become the current Ministry of Health, Labour and Welfare. Assigned to various posts, he handled social welfare issues, waste disposal, and health promotion before being seconded to the municipal office of Kita-Kyushu City in Fukuoka Prefecture for three years from 1995. After returning to the ministry, he was worked on long-term care insurance and medical insurance before being seconded to the Cabinet Secretariat. In September 2012, Mr. Oshima was appointed director of the Health Insurance Division of the Health Insurance Bureau, followed by a term as director of the same bureau's General Affairs Division in 2013. He served as deputy director-general of the Office of Healthcare Policy of the Cabinet Secretariat and that of the Headquarters for Promoting Dynamic Engagement of All Citizens from October 2015, then as councilor to the Cabinet Secretariat from July 2017 before assuming his current position in July 2018 as director general of the Health and Welfare Bureau for the Elderly at the Ministry of Health, Labour and Welfare.

#### 大島 一博

#### 厚生労働省 老健局長

1987年に厚生省(現・厚生労働省)入省、社会福祉、廃棄物処理、健康増進等を担当。1995年から3年間、北九州市役所に勤務した後、厚生労働省にて介護保険、医療保険等を担当する。内閣府・内閣官房への出向を経て、2012年厚生労働省保険局保険課長、2013年同局総務課長を歴任。2015年に内閣官房健康・医療戦略室次長兼一億総躍進室次長に着任。2017年に内閣府大臣官房審議官を務め、2018年より現職。

## **SESSION 2:** WHO WILL BE THE CAREGIVERS? MEETING THE GROWING ELDER CARE NEEDS IN ASIA

介護の担い手は誰か:高まるアジアの介護人材ニーズ



## Reiko Hayashi

Director, Department of International Research and Cooperation, National Institute of Population and Social Security Research, Japan

Reiko Hayashi is director of the Department of International Research and Cooperation at the National Institute of Population and Social Security Research (Japan) since April 2012. Prior to this position, she served in Senegal as technical advisor to the Minister of Health (2008–2011), as an expert on the development of community health workers in the Project for Development of Human Resources in Health (2002–2003), and was engaged in other projects concerning population and health in various countries, notably the French-speaking African countries. Dr. Hayashi is a regular member of the Japanese delegation to the United Nations Commission on Population and Development and also a member of the Advisory Panel on Global Health of the Ministry of Health, Labour and Welfare, Japan. Her research topics cover health and population development, and her current focus is on global aging and international migration of care personnel. She holds a PhD in policy studies from the National Graduate Institute for Policy Studies (GRIPS), Japan, having completed her master's in health sciences and a bachelor's degree in technology (Architecture) at the University of Tokyo and a DESS at the Université de Paris I.

#### 林 玲子

#### 国立社会保障·人口問題研究所 国際関係部長

東京大学保健学修士、東京大学工学士(建築)、パリ大学修士、政策研究大学院大学博士(政策研究)。セネガル保健省大臣官房技術顧問、東京大学GCOE「都市空間の持続再生学の展開」特任講師などを経て2012年より現職。世界的な高齢化、人口移動、人口と開発、健康度・死亡率分析等の研究を行っている。厚生労働省社会保障審議会統計分科会疾病、障害及び死因分類部会員、生活機能分類専門委員会委員、国連人口開発委員会政府代表団員、日本人口学会理事などを務める。



撮影:板橋雄-

#### Shoko Sasaki

#### Commissioner, Immigration Services Agency, Japan

Shoko Sasaki first joined the Immigration Bureau of the Ministry of Justice in April 1985 and has since served in the Immigration Bureau until the time of her appointment as the first commissioner of the newly created Immigration Services Agency in April 2019. The agency was established as an external organ of the Justice Ministry and was upgraded from the status of "Bureau" to that of "Agency" in line with the government establishing a new status of residence in order to respond to the growing labor shortages being experienced by small and medium-sized businesses and others. Earlier in her career, she took a leave of absence to engage in field work and research on the issue of foreign workers' labor at the Institute of Southeast Asian Studies (ISEAS) in Singapore from 1988 to 1990. Upon returning to Japan, she served in various roles in the Immigration Bureau. Ms. Sasaki was appointed to the position of deputy director general of the Tokyo Immigration Bureau in 2006; director of the Immigration Information Management Office, General Affairs Division in 2007; director of the Enforcement Division in 2008; director of the Entry and Residence Management Division in 2010; director of the General Affairs Division in 2012; director of the Finance Division of the Minister's Secretariat in 2014; deputy directorgeneral of the Minister's Secretariat for the Immigration Bureau in 2015; and most recently served as director-general of the Immigration Bureau.

#### 佐々木 聖子

#### 出入国在留管理庁 長官

1985年,法務省(入国管理局)に入省。1988年から1992年に研究休職し、シンガポール東南アジア研究所を拠点に外国人労働者問題についてフィールドワーク研究を行う。2006年東京入国管理局次長に就任後、2007年に法務省入国管理局総務課出入国情報管理室長、2008年に同省同局警備課長、2010年同局入国在留課長、2012年同局総務課長などの要職を歴任。2014年に法務省大臣官房会計課長に着任し、2015年に同省大臣官房審議官(入国管理局担当)、2019年同省入国管理局長を経て、同年4月より現職。



#### Grace Trinidad Cruz

Professor of Demography, University of the Philippines Population Institute (UPPI)

Grace T. Cruz is a professor of demography at the University of the Philippines Population Institute (UPPI). She is currently the project investigator of the Longitudinal Study of Aging and Health in the Philippines (LSAHP), a project implemented by the Demographic Research and Development Foundation, Inc. (DRDF) in collaboration with the Economic Research Institute for ASEAN and East Asia (ERIA). LSAHP is the first longitudinal study on aging in the Philippines. Dr. Cruz has long experience in aging research. She has been involved in the three national surveys on older Filipinos conducted by both the UPPI and DRDF. These studies include the 1996 Philippine Elderly Survey, the 2007 Philippine Study on Aging (PSOA) and the 2018 LSAHP. The 2007 PSOA study was funded by the Nihon University Population Research Institute (NUPRI). Dr. Cruz's research interests mainly focus on the aging of the Philippine population and the

various issues related to aging, particularly health expectancy and functional health. Dr. Cruz holds a PhD in sociology and a masters in demography both from the University of the Philippines. She also received a diploma in population and development at the International Institute of Social Studies at the Hague, Netherlands.

#### グレース・トリニダード・クルーズ

#### フィリピン大学人口研究所 人口統計学教授

高齢化研究に関する長年の経験を有し、フィリピン大学人口研究所(UPPI)および人口統計 学研究開発財団(DRDF)が実施したフィリピン高齢者調査(1996年)、フィリピンの高齢化 に関する研究(PSOA)(2007年)、フィリピンの高齢化と健康に関する縦断的研究(LSAHP) (2018年)という3つの高齢者に関する国勢調査に参画。LSAHPはDRDFと東アジア・ASEAN 経済研究センター(ERIA)が共同で実施するフィリピンでの高齢化に関する最初の縦断的研究 であり、現在も研究員として携わる。主な研究関心はフィリピンの人口高齢化と健康寿命や生活 機能モデルにおける健康をはじめとする高齢化に関連する健康問題である。フィリピン大学の修 土課程(人口統計学)と博士課程(社会学)を修了。エラスムス・ロッテルダム大学国際社会研究 所にて人口・開発学のディプロマを取得。

# Pham Duc Muc

### President, Vietnam Nurses Association

Pham Duc Muc currently is president of the Vietnam Nurses Association (VNA) and director of the Center for Nursing Consultation and Services Based on Community of the VNA. He earned his master of primary healthcare management from Mahidol University of Thailand after completing nursing degrees. Previously, he held several positions as chief nursing officer of the National Pediatric Hospital in Hanoi, chief editor of the Vietnam Nursing Journal, and chief nurse as well as vice director of the Administration for Medical Services at the Ministry of Health of Vietnam. For nearly 45 years, Mr. Muc has been in the nursing profession in Vietnam. He was part of the national nursing leader team that initiated the establishment of nursing offices in hospitals and became the first nurse to start the Nursing Office at the Ministry of Health. He is also a founder (with Madam Vi Nguyet Ho and others) of the Vietnam Nurses Association. In recent years, Mr. Muc has been engaged in collaborative research with Nagasaki University on the movement of Vietnam nurses to work in Japan and other countries, to promote policy and education for nurses, and to improve the quality of healthcare for older people. He has written extensively on nursing, hospital management, infection control, quality management, and patient safety. In recognition of his contributions, he has been awarded a number of medals and certificates from the national president, prime minister, minister of health, and president of the Vietnam Medical Association.

#### ファム・ドゥック・ムック

#### ベトナム看護協会 会長

タイのマヒドン大学で修士号(プライマリ・ヘルスケア・マネジメント)を取得。ハノイの国立小児 病院の主任看護師、ベトナム看護の研究誌『ベトナム看護雑誌』の編集長、ベトナム保健省医療 サービス部の主任看護師、兼副部長を歴任。約45年間ベトナムで看護職に従事。ベトナムの病 院における看護室設置を導入した国家看護指導者チームの一員であり、同国の看護師で初め て保健省看護課の運営に携わった。ベトナム看護師協会の創設者の一人でもある。近年は長崎 大学と共同で、ベトナム人看護師の海外就労に関する動向、看護師のための政策や教育の促 進、高齢者のヘルスケアの質向上に係る研究に取り組む。また、看護、病院管理、感染管理、品 質管理、患者の安全など広範な領域の執筆も行う。ベトナムにおける看護分野発展への貢献を たたえる数多くの賞を受賞している。





### Mohd Rohaizat Hassan

Associate Professor, Faculty of Medicine, University Kebangsaan Malaysia

Mohd Rohaizat Hassan is associate professor in the Department of Community Health, Faculty of Medicine, Universiti Kebangsaan Malaysia (UKM). He obtained his MD from Universiti Sains Malaysia (USM) in 1998 and a master's degree in community medicine (epidemiology & statistics) in 2009 from UKM. He was awarded a PhD in medical science from Niigata University, Japan in March 2019. He started his earlier career as a medical officer in Kuala Lumpur Hospital and later as assistant director in the Medical Development Division of the Ministry of Health, Malaysia before joining the Faculty of Medicine, UKM in May 2004 as medical lecturer. His field of interest is in epidemiology of both communicable and non-communicable diseases, but ardently gives his focus on communicable disease such as vaccine-preventable diseases, vector-borne diseases, and zoonotic diseases. Dr. Rohaizat has 52 publications, which include 36 indexed articles in Web of Science and Scopus. He has actively participated in national and international conferences that involved 52 abstracts/proceedings. Apart from teaching and supervising undergraduate and postgraduate students, he is also program coordinator for the Master of Community Health Science and academic expert for the Diploma of Environmental Health Program at DSH Institute of Technology, Kuala Lumpur. He was one of the editorial members of International Journal of Public Health Research.

#### モハッド・ロハイザ・ハッサン

#### マレーシア国民大学(UKM)医学部 准教授

1998年にマレーシア大学(UKM)にて学士号(医学)を取得し、2009年にマレーシア国民大学で修士号(地域医療:疫学および統計学)、2019年3月には新潟大学にて博士号(医学)を取得した。クアラルンプール病院の医局員としてキャリアをスタートし、マレーシア保健省の医学開発部のアシスタントディレクターを経て、2004年5月よりマレーシア国民大学医学部講師に着任。感染性疾患及び非感染性疾患の両分野における疫学研究に携わっているが、特にワクチンで予防可能な感染症やベクター媒介性疾患、人畜共通性感染症をはじめとする感染症を専門としている。International Journal of Public Health Researchの元編集者であり、自身もこれまで多数の研究論文を発表しており、執筆以外にも国内外で多くの学術会議にも参加している。大学および大学院での指導の他に、クアラルンプールDSH工科大学地域健康科学修士課程のプログラムコーディネーターも務める。



## Duangjai Lorthanavanich

Director, Ageing Business & Care Development Centre, Thammasat Business School, Thammasat University, Thailand

Duangjai Lorthanavanich is director of the Ageing Business & Care Development Centre (ABCD Centre) of Thammasat Business School (TBS), Thammasat University. At TBS's 80th anniversary in 2018, she initiated the Ageing Business & Care Development Programme and the ABCD Centre was subsequently founded in January 2019. The Centre aims to create a happy and graceful aging society; offer comprehensive training program for elderly care business entrepreneurs and provide consultancy for elderly care; and conduct practical research for social and business development. The ABCD Centre network includes the government, business, scholars, NPOs, and international organizations for better care of the elderly. Her team has been doing policy research on "The Preparation of Ageing Society in Thailand," to be completed soon. She began her career as a Japanese lecturer after obtaining a master's degree from Keio University (1992). With a long-standing research interest in all aspects of managing cultural tourism and their socioeconomic impact on local communities in Japan and Thailand, she completed her PhD in integrated sciences, focusing on anthropology, sociology, psychology, and tourism management at Thammasat University (2009). In 2018, she conducted field surveys of 100 community businesses to highlight key successes and best practices of sustainability in community business, and also published a book, Thammasat Model: The Method for Sustainable Community Business Management.

#### ドゥアンチャイ・ロータナヴァニ

#### タマサート大学ビジネススクール 高齢化ビジネス・ケアセンター 所長

1992年に慶應義塾大学で修士号を取得後、講師としてキャリアを開始。文化ツーリズムと、その日・タイの地域社会への社会経済的影響についての長年の関心から、タマサート大学で人類学、社会学、心理学、観光経営学に重点を置いた統合科学の博士号を取得。2018年に100の地域ビジネスのフィールド調査を実施。地域ビジネスにおける主要な成功事例や持続可能性に関する好事例をハイライトし、著書「Thammasat Model: the Method for Sustainable Community Business Management」を出版。また同年に高齢化ビジネス・ケア開発プログラムを開始。翌年2019年1月に高齢化ビジネス・ケアセンター(ABCDセンター)が設立された。同センターは幸せで優雅な高齢化社会の構築を目指し、高齢者介護事業の起業家への包括的トレーニングプログラムの提供や高齢者介護のコンサルティング、社会・ビジネス開発のための実践的研究を行う。また同センターは政府、民間企業、学者、NPO、国際機関を含むネットワークを有する。現在は自身の研究チームが取り組む、政策提言のための研究「タイの高齢化社会への準備」の完成に尽力している。

#### **CLOSING REMARKS**



#### Hidetoshi Nishimura

#### President, Economic Research Institute for ASEAN and East Asia (ERIA)

Hidetoshi Nishimura graduated from the Faculty of Law, University of Tokyo, and obtained a master's degree in international development and economics from Yale University. He joined the Ministry of International Trade and Industry in 1976. He has assumed numerous positions, including representative of the Asia-Pacific Region of the Japan Overseas Development Corporation, director of the Southeast Asia and Pacific Division of the Trade Policy Bureau, vice governor for International Affairs of Ehime Prefecture, director-general of the Business Support Department of the Small and Medium Enterprise Agency, executive managing director of the Japan-China Economic Association, and president of the Japan-China Northeast Development Association. Prof. Nishimura assumed the position of ERIA's executive director in June 2008 and subsequently was appointed as ERIA's first president in June 2015; he was reappointed as president of ERIA by the Governing Board for a third five-year term in June 2018. He concurrently serves as visiting professor of Waseda University (Japan) and Darma Persada University (Indonesia), as an honorary professor of Guangxi University (China), and as a fellow at the Musashino Institute for Global Affairs of Musashino University (Japan).

#### 西村 英俊

#### 東アジア・アセアン経済研究センター(ERIA)事務総長

東京大学法学部卒、1976年通商産業省(現・経済産業省)入省。米国イェール大学大学院留学(MA)。海外貿易開発協会アジア太平洋代表、通商政策局南東アジア大洋州課長、愛媛県理事、中小企業庁経営支援部長、日中経済協会専務理事、日中東北開発協会理事長等を経て、2008年6月より現職。早稲田大学客員教授、尼ダルマプルサダ大学客員教授、中国広西大学名誉教授、武蔵野大学国際総合研究所フェロー。



#### Asia Health and Wellbeing Initiative

The goal of the initiative is to create vibrant and healthy societies where people can enjoy long and productive lives, and to contribute to the region's sustainable and equitable development as well as economic growth. This goal is closely related to the third sustainable development goal (SDG<sub>3</sub>), "Ensure healthy lives and promote well-being for all at all ages," and particularly objective 3.8, which calls for universal health coverage that ensures all people have access to quality essential health care services without suffering financial hardship.

The emphasis of AHWIN is on creating an enabling environment for health through a multitiered, pyramid-shaped approach that begins with a strong, broad foundation of infrastructure that supports healthy lifestyles and healthy communities. The next level of the pyramid is the prevention of disease, the promotion of a healthy diet, and the provision of effective healthcare to maintain people's health. The highest priority is the provision of quality medical treatment and long-term care, particularly as people age. Investing more in the first two tiers will eventually minimize the burden of that top tier and will thus lead to more economically and socially vibrant societies.

Drawing on the lessons learned in Japan, the most aged country in the world, this initiative first focuses on tackling aging-related challenges. It is composed of four pillars:

- (1) to review and share elements of Japan's experience with the provision of care and service that could benefit other countries in the region,
- (2) to provide training for long-term care providers in the region and to facilitate the smooth and effective region-wide movement of care workers,
- (3) to promote and develop the long-term care industry and peripheral industries in the region, and
- (4) to conduct policy research and dialogues on healthy aging, elderly care, and other relevant issues that benefit from a regional approach.

AHWIN is led by the government of Japan (Asia Health and Wellbeing Initiative Promotion Working Group, Headquarters for Healthcare Policy of the Cabinet Secretariat) and the Special Committee on International Health Strategy of the Liberal Democratic Party of Japan, in partnership with a private-sector consortium of institutions and individuals from the business sector, service providers, and other experts in Japan, as well as from partner nations and organizations overseas.



#### Economic Research Institute for ASEAN and East Asia (ERIA)

ERIA is an international organization based in Jakarta. Since its founding in 2008, it has been supporting the regional economic integration process among ASEAN member countries through its research. As the leading economic think tank in the region and the Sherpa institution for the East Asia and ASEAN Summit processes, ERIA's research and policy recommendations have influenced the policymaking process in the region. ERIA conducts research under three pillars: (1) deepening economic integration; (2) narrowing development gaps; and (3) sustainable economic development. ERIA's studies cover a wide range of areas such as trade and investment, human resource and infrastructure development, globalization, and energy issues. ERIA publishes books, reports, discussion papers, and policy briefs that present the key recommendations of its studies. In partnership with regional research institutes, ERIA regularly conducts capacity-building seminars and workshops for policymakers, administrators, researchers, and business managers of the CLMV countries (Cambodia, Laos, Myanmar, and Viet Nam) and other developing areas in East Asia to strengthen the link between research and policymaking.

ERIA's activities have largely focused on the promotion of the ASEAN Economic Community, which is one of the three pillars of ASEAN, but since 2017, ERIA has expanded its activities to cover the other two pillars as well, and especially the ASEAN Socio-Cultural Community. In response to the launch of the Asia Health and Wellbeing Initiative (AHWIN), ERIA began carrying out research on population aging and long-term care in 2017. This research is expected to contribute to the policymaking processes of ASEAN member states where rapid population aging is projected to take place in the near future.



#### Japan Center for International Exchange (JCIE)

Founded in 1970, JCIE is a nonprofit and nonpartisan international affairs organization dedicated to strengthening Japan's role in international networks of policy dialogue and cooperation. JCIE undertakes a wide range of programs of policy research, international dialogue, and exchange related to the themes of globalization, governance, and civil society. Since the late 1990s, it has been promoting policy studies and dialogues focused on human security issues, and since the early 2000s, JCIE has been a leader in policy research and dialogue in the health sector through its Global Health and Human Security Program, which seeks to develop a better understanding of the critical value of human security to global health and aims to explore ways for Japan to enhance its leadership role in global health over the long term and to build domestic and international support for such a role. As an extension of that work, in 2017 it began looking at the critical impact of aging on Japanese and other societies. Partnering with ERIA, it has launched a program on Healthy and Active Aging in Asia, which will work in close consultation with the government of Japan's AHWIN initiative and will contribute to the promotion of bilateral and regional cooperation on aging-related challenges in Asia.



